

Strumming Rhythm Study

For this study, take it slow and go through ALL the levels in order... Very simply, the notation is: 1,2,3,4 are all down strums and the "+" means to strum up.

Level 1

1 2 3 4
 1 + 2 + 3 + 4 +
 1 + 2 + 3 + 4
 1 + 2 + 3 4 +
 1 + 2 3 + 4 +
 1 2 + 3 + 4 +

Level 2

1 + 2 3 + 4
 1 2 3 + 4 +
 1 + 2 + 3 4
 1 2 + 3 + 4
 1 + 2 3 4 +
 1 2 + 3 4 +

Level 3

1 + 2 + 3 + +
 1 + 2 + + 4 +
 1 + + 3 + 4 +
 + 2 + 3 + 4 +

Level 4

1 + 2 + + +
 1 + + + 4 +
 + + 3 + 4 +
 1 + + 3 + +
 + 2 + + 4 +

Level 5

1 2 + + +
 1 + + + +
 + + + +
 1 2 + 3 +
 1 2 + + 4 +